

Inclusion & Support Services Monthly Speaker Series

**A Lifelong Network of Support and
Services with Greater MetroWest ABLE**



Beth Mitchell, Director of Inclusion and Diversity

1391 Martine Avenue
www.jccnj.org

Scotch Plains, NJ 07076
(908) 889-8800 x203



A lifetime of inclusion and support in your local community.

Early Childhood

All Day With the J and After School

Camp Yachad Shadow and Skills Training Program

Adaptive Swim, Yoga and Fitness

Monthly Speaker Series

Caregiver Support Groups through JFS

Community Events Calendar

Special Needs Resource Directory

New Fall Programming- Parent PASS, Club Connect and Teen Socials!





Beth Mitchell, M.A. CCC-SLP
Director of Inclusion & Diversity

(908) 889-8800, x 203

bmitchell@jccnj.org

www.jccnj.org

**Residential Services * Day Habilitation * Recreation
Advocacy * Support Groups and Counseling Services
Support Coordination and Coordinated Care
Vocational Support**





Create a community made whole by the inclusion of all its members, with meaningful opportunities for access to all aspects of Jewish life.

Greater Community

Synagogues

Schools

Camps

Partner agencies

Employment



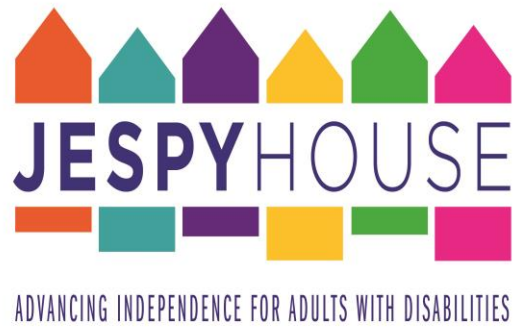
Rebecca Wanatick, Ed.M.

Manager, Community Inclusion &
Program Services

(973) 929-3129

rwanatick@jfedgmw.org

www.GreaterMetrowestABLE.org



JESPY House is a South Orange based non-profit that supports 260 adults (ages 18 and up) with Intellectual and Developmental Disabilities allowing them to flourish in an inclusive community.

Our mission is to support clients in achieving their full potential and to lead independent lives.

- **Residential services** includes shared housing and semi-structured supervised apartments.
- Those who live independently join in **weekly programs** designed to improve life skills, critical thinking, health and fitness, job readiness, social skills, and clinical and behavioral issues.
- **Transition services** gradually prepare young adults for independent living through tailored programs while making new friends and trying new activities.
- JESPY **clients give back** to the South Orange community—several successful food drives donating hundreds of pounds of food benefiting MEND (Meeting Essential Needs with Dignity) and Our Lady of Sorrows in South Orange
- Over 100 **virtual programs** offered per week for clients to engage with.



ADVANCING INDEPENDENCE FOR ADULTS WITH DISABILITIES

JESPY House has programs and groups for everybody!

- Book Club
- Gardening
- Theater and Glee
 - Art
- Puzzles and Trivia
 - Sports Teams
 - Zumba





Audrey Winkler
Executive Director
(973) 762-6909
awinkler@jespy.org
www.jespyhouse.org



Jewish Service for the Developmentally Disabled of MetroWest, Inc. (JSDD) is the lead, multi-purpose agency dedicated to providing an integrated program of community education, advocacy and services for individuals with developmental disabilities and their families. JSDD strives to maximize the potential of individuals with developmental disabilities and promotes opportunities for their integration into the Jewish and general communities.

Residential services
Physical therapy
Occupational therapy
Speech therapy
Coordination of services
Education and advocacy



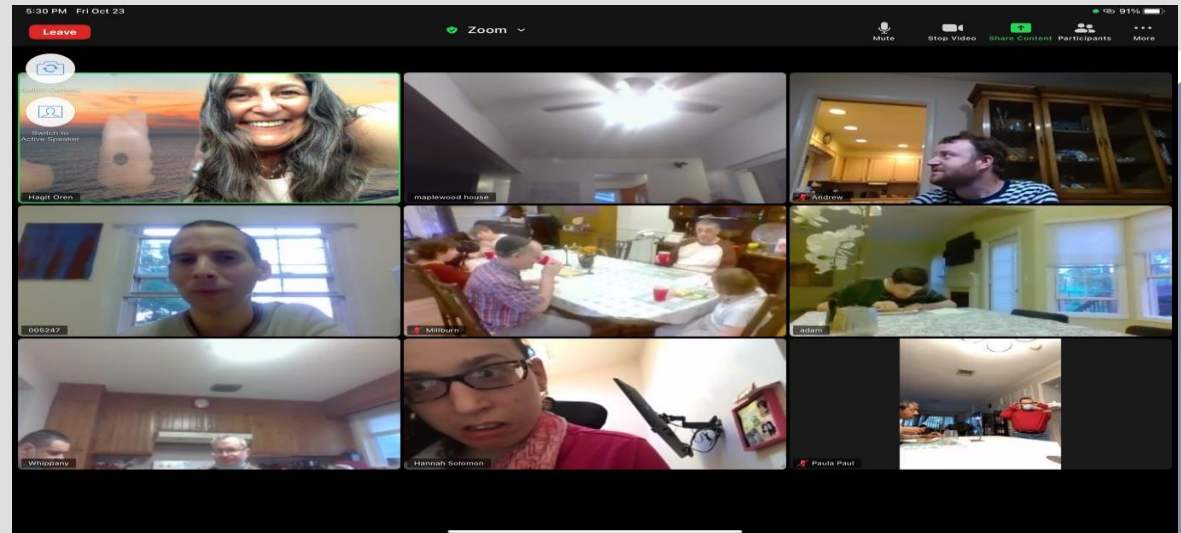
Jewish Service for the Developmentally Disabled of MetroWest, Inc. (JSDD) is the lead, multi-purpose agency dedicated to providing an integrated program of community education, advocacy and services for individuals with developmental disabilities and their families. JSDD strives to maximize the potential of individuals with developmental disabilities and promotes opportunities for their integration into the Jewish and general communities.

Residential services
Physical therapy
Occupational therapy
Speech therapy
Coordination of services
Education and advocacy



Many generous members of the community sent meals, delivered treats, demonstrated their appreciation for Direct Support Professionals by sending gifts and were creative in their efforts to break up the isolation and spread joy during the pandemic lock down. One such gift was the gift of entertainment. Krazy Kevin, comedian and circus act, performed at JSDD's homes outdoors.

JSDD's Judaic Coordinator, Hagit Oren, established a weekly Friday afternoon Shabbat experience during this past year for all the agency's home and any member of the WAE Center who is interested in participating.





**The WAE Center: An adult
day program focused on
adaptive arts and personal
growth**

WAE to Connect- online learning

LGBTQ+ WAE

Artist opportunity

WAE workshops

WAE classes and activities



WAE to Connect -The WAE Center began an online program called WAE to Connect in April 2020, which is supported by a generous grant from the Healthcare Foundation of New Jersey. Classes include: art, travel, conversation, drumming, meditation, yoga, music and more. Additional offerings: Occupational and Physical Therapy, 1:1 art sessions, virtual gallery tours and exhibitions and the LGBTQ+ WAE club.

WAE Workshops - Includes various workshops available to individuals 16+ ages. The schedule currently includes Drawing, Painting, Meditation, Poetry and Improvisation classes.



SPRING 2021
WAE WORKSHOPS
AT JSDD'S WAE CENTER





Linda Press

Executive Director

(973) 272-7141

lpres@jsddmetrowest.org

Aubrie George

Director, WAE Center

(973) 272-7149

ageorge@jsddmetrowest.org

www.JSDDMetrowest.org



Jewish Family Service
of MetroWest New Jersey



JFS has multiple programs for adults and transitions including our Support Coordination Program and our Coordinated Care of MetroWest Program (JFS MetroWest, est. 1861)

Support Coordination (est. 2014):

We provide Support Coordination in Morris, Essex, Union, Somerset, Sussex, Passaic, and Bergen Counties. We are a released agency.

- Navigate the complex systems
- Develop an Individualized Service Plan
- Connect to services and resources
- Monitor budgets to verify services are being delivered and billed accurately

Coordinated Care:

Coordinated Care of MetroWest (CCM) assists and supports individuals, families, and/or caregivers living in Greater MetroWest NJ who are overseeing the lifetime care of adults with developmental or acquired disabilities.

- Information and Referral
- Advocacy
- Support Groups
- Identifying Socialization Opportunities
- Community Education Seminars
- Short- and Long-Term Case Management



Jewish Family Service
of MetroWest New Jersey



Coordinated
Care of MetroWest

Danielle Weiss / Ebony Steele

Coordinator for Individuals with Special
Needs & Support Coordination

(973) 765-9050

supportcoordination@jfsmetrowest.org

www.jfsmetrowest.org



JFS strengthens family life and encourages personal growth by providing specialized quality services to individuals and families in need in Union County, NJ. The Agency is a licensed mental health outpatient agency and a licensed and accredited homecare agency.

Support Coordination (est. 2014):

Support Coordination assists individuals over 21, with Medicaid who are eligible for special services through the state of NJ DDD.

- Day programs
- Employment resources
- Educational programs
- Homecare services
- Transportation providers
- Community inclusion programs
- Social activities

Special Needs Caregiver Support Group:

Offering 2 virtual support groups for families of individuals with developmental, mental/behavioral challenges

- Caregivers of children with disabilities through age 20
- Caregivers responsible for disabled adults age 21+



VIRTUAL SPECIAL NEEDS SUPPORT GROUPS

Jewish Family Service of Central New Jersey is offering free virtual support groups for families of individuals with developmental, mental, or physical challenges.

We welcome individuals who are looking for information and understanding from those with similar hopes and support.

For Caregivers of Children with Disabilities (Through Age 21)
 Wednesdays at 7:00 pm. 3A, 100, 311, 511, 513, 515, 611, 613, 615, 617, 619, 621, 623, 625, 627, 629, 631, 633, 635, 637

For Caregivers of Developmentally Disabled Adults (Age 22+)
 Mondays at 7:00 pm. 111, 113, 215, 217, 315, 317, 415, 417, 515, 517, 617, 715, 815, 817, 915, 917

Contact Dr. Laura S. Weitzman, Ed. D., at weitzmanlaura@gmail.com to join on Zoom.




STATE-APPROVED SUPPORT COORDINATION SERVICES

Select Jewish Family Service of Central NJ to be your Support Coordinator.

Support Coordination serves individuals over 21 with Medicaid who are eligible for special services through the State of NJ DDG.

We will work with you flexibly and will make home visits when it is safe to do so.

Bilingual and Spanish Speaking Support Coordinators will consult with you on including:

- ✓ Day Programs
- ✓ Employment Resources
- ✓ Educational Programs
- ✓ Healthcare Services
- ✓ Transportation Providers
- ✓ Community Activities Programs
- ✓ Social Activities

Contact [intake@jfscentralnj.org](mailto: intake@jfscentralnj.org) or **908-352-8375** to begin your Support Plan. Serving Middlesex, Somerset and Union Counties with virtual support coordination.






Andrea LoPresti

Director of Social Work and Programming

(908) 352-8375

intake@jfscentralnj.org

www.jfscentralnj.org



JCC MetroWest offers a variety of programs for children and adults with disabilities.

Day Habilitation Program (21+)

Evening Programs (16+)

Sunday Trips (16+)

Camp Deeny Riback

- Approved Perform Care Provider
 - Camp Friends (ages 4-12)
 - Teen Travelers Unit (ages 13-21)

Dance Socials (16+)

JCC MetroWest Fitness Center Memberships



SPECIAL NEEDS SERVICES

PROGRAM GUIDE
2020-21

A COMMUNITY FOR EVERYONE





MetroWest

Marissa Cohen

Director, Special Needs Services

(973) 530-3478

mcohen@jccmwsupports.org

www.metrowest.org



JVS' person-centered approach meets people where they are, helps them identify their goals and abilities, provides them with the tools and training to help them successfully pursue a career path, and most important of all, helps them believe in themselves and fulfill their own potential.



Vocational Rehabilitation Services for Individuals Who Have Disabilities

Vocational Evaluation Services

Job Placement Services

Intensive Job Coaching and Long-Term Follow-along
Services

Transition Services for High School Students Who Have
Disabilities

ASD Career Center

In-house Career Discovery Program

Contact Hetal Narciso (862) 704-2273
or hnarciso@jvsnj.org



Additional Services Provided by JVS Staff

- The JVS Career Counseling and Job Placement Department provides services for Job Seekers 50+, College Students, Recent Grads and Grad Students, Job Seekers Workshops. **Contact Dr. Meryl Kanner - 862-704-2233, or mkanner@jvsnj.org**
- The Education and Literacy Department provides training in the following areas: English as a Second Language (ESL); Adult Basic Education (ABE); Citizenship Exam Preparation; Refugee Services. **Contact – Lynn Sternstein - 862-704-2291 or lsternstein@jvsnj.org**
- The new JVS Center for Economic Opportunity is a “one-stop shop” where local job-seekers can receive: Valuable job skills training; Professional career counseling and job search assistance; Connect to jobs that pay a living wage and offer opportunities for advancement in in-demand industries. **Contact – Tom DiCostanzo – 862-283-3307 or tdicostanzo@jvsnj.org**

Questions?

Answers!

**Your support is vital to keeping
the JCC and Jewish community strong.**

Text WHYIJ to 707070 to donate to the JCC.



JCC
OF CENTRAL NEW JERSEY
WILF JEWISH COMMUNITY CAMPUS



Beth Mitchell, M.A. CCC-SLP
Director of Inclusion & Diversity

(908) 889-8800, x 203

bmitchell@jccnj.org

www.jccnj.org